

COVENTRY HEALTH CARE CLINICAL PREVENTIVE SERVICES 2008

Coventry Health Care promotes the U.S. Preventive Services Task Force (USPSTF) evidence-based recommendations for clinical preventive services. The guidelines serve as recommendations for individuals at “normal risk”. Coventry’s preventive health guidelines will also include individuals with “risk factors” that impact a large number of members and/or have potential for significant adverse health outcomes. Clinicians and patients should work together to make decisions about which preventive services are most appropriate for individual patients. Some individuals in certain higher risk categories may require earlier or more frequent screening exams and this should be discussed with their physicians.

Coventry Health Care, Inc. preventive health guidelines do not reflect reimbursement or payment practices.

CLINICAL PREVENTIVE SERVICES (BIRTH TO 10 YEARS)		
PREVENTIVE SERVICES	RECOMMENDATION	REFERENCE
Vision Screen	Screen to detect amblyopia, strabismus, and defects in visual acuity in children < 5 years.	USPSTF:2004
Retinopathy of Prematurity (ROP) Screen	Retinal screening exam performed by an ophthalmologist for infants with low birth weight (<1500g) or gestational age of 32 weeks or less and infants weighing between 1500 and 2000g or gestational age of more than 32 weeks with an unstable clinical course.	AAP: 2006
Iron Deficiency Anemia Screen	Screen with hemoglobin or hematacrit once between 9-12 months of age, and 6 months later, children at high risk for iron-deficiency anemia.	AAP: 2000
Iron Supplementation	Routine iron supplementation for asymptomatic children aged 6 to 12 months who are at increased risk for iron deficiency anemia	USPSTF:2006
Hemoglobinopathy Screen	Screen all newborns for sickle cell disease.	USPSTF:2007
Phenylketonuria (PKU) Screening	Screen all newborns before discharge from the nursery. Infants who are tested in the first 24 hours of age should receive a repeat screening test by 2 weeks of age.	USPSTF:2008
T4 and/or TSH	Screen all newborns for congenital hypothyroidism.	USPSTF:2008
Chemoprophylaxis	Strongly recommend ocular antibiotic prophylaxis of all newborn infants against gonococcal ophthalmia neonatorum.	USPSTF:2005
Counseling	<p style="text-align: center;"><u>Injury Prevention</u></p> <p>Care safety Seats: Infants: infant-only and rear-facing convertible car seat, rear-facing until 1 year and until weigh at least 20 lbs. Toddlers Preschoolers: Convertible, combination, and forward-facing car seat. School-aged children: Booster seat for older children who have outgrown the forward facing car safety seats.</p>	USPSTF:1996 AAP: 2008

U.S.Preventive Services Task Force (USPSTF), 2nd Edition, 1996
 U.S.Preventive Services Task Force (USPSTF), 3rd Edition, Periodic Updates
 U.S .Preventive Services Task Force (USPSTF), 2005
 U.S .Preventive Services Task Force (USPSTF), 2006
 American Academy of Pediatrics (AAP) Policy Statements
 U.S .Preventive Services Task Force (USPSTF), 2007
 U.S .Preventive Services Task Force (USPSTF), 2008

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	<p>Bicycle helmet; avoid bicycling near traffic Smoke detector, flame retardant sleepwear Safe storage of drugs, toxic substances, firearms, and matches Hot water temperature at or below 120 degree F CPR training for parents/caretakers Window/stair guards, pool fence Syrup of ipecac, poison control phone number</p> <p style="text-align: center;"><u>Diet and Exercise</u></p> <p>Breast-feeding, iron-enriched formula and foods (infants and toddlers) Limit fat and cholesterol; maintain caloric balance; emphasize grains, fruits, vegetables Regular physical activity</p> <p style="text-align: center;"><u>Substance Use</u></p> <p>Effects of passive smoking Anti-tobacco message</p> <p style="text-align: center;"><u>Dental Health</u></p> <p>Regular visits to dental care provider Floss, brush with fluoride toothpaste daily Advice about baby bottle tooth decay</p>	
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